

**Discussion Guide -- “Reminders of God’s Help”
Week of June 10, 2018**

Read 1 Samuel 7:7-13, Romans 8:26-28

- The Israelites had good reason to be afraid of the Philistines – they were powerful and brutal rulers. You may have good reason to be afraid of something or someone too. What do you fear? Why do you fear it?
- How did the Israelites deal with their fear (1 Sam. 7:7-9)? How have you dealt with your fears up to this point?
- God rescued Israel from the Philistines and so Samuel set up a symbol of His power and faithfulness so that in the future they could look back and be reminded that God had helped them in the past. How do you suppose this “reminder” impacted the Israelites in the years to come?
- Has God rescued or helped you at some point in the past? Is there something in your life that has served as a symbol of His power and faithfulness? How has this helped give you assurance as you faced continued struggles?
- Romans 8:26 tells us that God will help us when we are weak. Romans 8:28 says that God will work to bring about good in our lives. I have found that God can even bring about a good result from things which were bad or painful. Can you look back at a time in your life when you were weak and God helped you? How about a time when things looked grim, yet God brought about a good result?
- Take some time to reflect on God’s faithfulness in your life, or maybe in the life of your family or a close friend. How should you respond to His faithfulness? What can you do today, this week, in response to God’s faithfulness?