

**Discussion / Reflection Guide**  
**“Give Us This Day”**  
**Week of September 10, 2017**

**Read Exodus 16:9-21**

- God provided ‘manna’ for the Israelites in the desert. It was something new they had never seen before, so they called it “manna” which literally means “what is it?”
- Is it possible that God could do something amazing like this in our lives today? Maybe not literal bread from heaven, but possibly provide some other basic need?
- Why did God do this for the Israelites? (see verse 12)
- Has God ever done anything in your life or in the lives of those close to you that let you “know” He truly is God?
- If God has ever done something amazing in your life or in the life of someone close to you, what impact did this have on your faith commitment? What did it teach you about God? How did it change you?

**Read John 6:30-40**

- What did Jesus say was the “true” bread of life? (vs. 33)  
What did He mean by this?
- Jesus said He was the bread of life and those who come to Him will never be spiritually hungry or thirsty again (vs. 35).  
What did he mean by this? Do you believe it is true that He will satisfy your spiritual “hunger” and “thirst?”
- Have you experienced the spiritual filling Jesus mentions in this verse? If so, how has it changed your life? If not, what would it take for you to be willing to place your trust and faith in Him?

## Read Matthew 6:11

- Jesus said we are to pray “give us this day our daily bread.”
- Pastor Dan broke this sentence in this verse into small pieces:
  - “Daily bread” speaks of our basic needs. When Jesus was teaching about prayer, why did He emphasize asking for our basic needs instead of the things we want?
  - “Give” speaks of the fact that God is the one who provides our needs. He may work through our efforts, but it is still a gift from Him. How should this impact your prayers?
  - “Us” pushes our prayers beyond our own personal needs and forces us to pray for others. How should this impact your prayers?
  - “This day” and “daily” helps us realize that we have little or no control over what happens tomorrow or at any point in the future. It forces us to concentrate our prayers on the “here and now.” Why would Jesus teach his followers to pray about the “here and now” rather than on the future? Does what He says in Mat. 6:25-34 give any insight on this question? How should this impact your prayers?

**Summarize, in your own words, the primary lesson you understand Jesus to be teaching when He says we should pray “give us this day our daily bread.”**

**How will you apply this lesson in your life this week?**